

Tricia J. Burke, Ph.D.

Department of Communication Studies
Texas State University
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[Faculty profile](#)

EDUCATION

Ph.D. in Communication (2012)

University of Arizona

Dissertation: Examining Diet- and Exercise-Related Communication in Romantic Relationships: Associations with Health and Relationship Quality

M.A. in Communication (2007)

University of Arizona

B.A. in Communication & Psychology (2005)

University of Arizona

ACADEMIC EMPLOYMENT

Department of Communication Studies, Texas State University, San Marcos, TX

Professor (Fall 2024 – present)

Assistant Department Chair & Director of Online Programs (Spring 2023 – present)

Associate Professor (Fall 2018 – Fall 2024)

Director of Graduate Studies (Spring 2018 – Summer 2019)

Assistant Professor (Fall 2013 – Fall 2018)

Department of Communication Studies, University of Puget Sound, Tacoma, WA

Visiting Assistant Professor (Fall 2012 – Spring 2013)

Department of Communication, University of Arizona, Tucson, AZ

Teaching Associate (Fall 2008 – Summer 2012)

Internship Coordinator (Fall 2009 – Spring 2012)

Teaching Assistant (Fall 2005 – Summer 2007)

Speech Communication, Northern Arizona University-Distance Learning, Tucson, AZ

Adjunct Instructor (Fall 2008 – Spring 2009)

RESEARCH & TEACHING INTERESTS

I am a relationship scientist who examines interpersonal communication processes, including social support, social skills, and social influence, as they relate to challenging transitions and health issues in close relationships. My work has been featured in prominent academic journals and media outlets, and through my community service, it has extended beyond academia to inform patient experience policies and practices. I teach a variety of undergraduate and graduate courses in interpersonal, relational, family, and health communication, as well as communication theory and quantitative methods.

PUBLICATIONS

*Conducted as a faculty member with student co-author(s); **Published under my maiden name.

REFEREED JOURNAL ARTICLES

Farris, K. L., **Burke, T. J.**, DeGroot, J., & *Mellow, A. J. (in press). "It's going to take hard work": An exploratory analysis of parent-caregivers' labor across their child's illness trajectory. *Western Journal of Communication*.

Cooper, R. A., **Burke, T. J.**, & DeGroot, J. (2025). Coping with loss in caregiving: Comparing the experiences of dementia family caregivers and parents of medically complex children. *Health Communication*, 1-11. Advance online publication. <https://doi.org/10.1080/10410236.2025.2526815>

Dailey, S. L., Farris, K. L., Howard, K., & **Burke, T. J.** (2025). "It's a roller coaster of emotions!": Investigating the paradoxes of childcare app use and work engagement. *Journal of Applied Communication Research*, 53(3), 198-220. <https://doi.org/10.1080/00909882.2025.2477032>

Burke, T. J., DeGroot, J. M., Farris, K. L., & *Mellow, A. J. (2024). The rare life: Examining parents' grief associated with caring for their medically complex children. *Health Communication*, 40(1), 36-46. <https://doi.org/10.1080/10410236.2024.2330130>

Farris, K. L., Singh, S., **Burke, T. J.**, & Warber, K. (2023). An exploratory study of communicative resilience in parental caregivers of children with medically complex conditions (MCCs). *Texas Speech Communication Journal*, 47, 17-31.

Farris, K. L., Burns, M. E., **Burke, T. J.**, & Bezner, J. R. (2023). Employee culture of health perceptions and the development of a social support training intervention. *International Journal of Workplace Health Management*, 16(2/3), 205-221. <https://doi.org/10.1108/IJWHM-07-2022-0100>

van Raalte, L. J., **Burke, T. J.**, DeGroot, J. M., & *Mellow, A. J. (2022). Examining changes in affection and "feeling touched out" after the birth of a child. *Journal of Family Communication*, 23(1), 52-62. <https://doi.org/10.1080/15267431.202.2142229>

*Kauer, T., & **Burke, T. J.** (2022). The mediating role of social control in the relationship between family communication patterns and emerging adults' weight-related outcomes. *Southern Communication Journal*, 88(2), 103-116. <https://doi.org/10.1080/1041794X.2022.2130966>

Burke, T. J., van Raalte, L. J., & DeGroot, J. M. (2022). Supportive coparenting, affection, and mental health after the birth of a child. *Communication Reports*, 36(1), 30-40. <https://doi.org/10.1080/08934215.2022.2102199>

Burke, T. J., Young, V. J., & Duggan, A. (2022). Recognizing the blurred boundary between health-related support and control in close relationships. *Personal Relationships*, 29(4), 644-673. <https://doi.org/10.1111/pere.12445>

Segrin, C., **Burke, T. J.**, & *Kauer, T. (2020). Overparenting is associated with perfectionism in parents of young adults. *Couple and Family Psychology: Research and Practice*, 9(3), 181-190. <https://doi.org/10.1037/cfp0000143>

Crowley, J., **Burke, T. J.**, Denes, A., *Allred, R., & *Carberry, E. (2020). Navigating relational turbulence in the wake of weight transitions: A Support marshaling analysis. *Personal Relationships*, 27(3), 630-651. <https://doi.org/10.1111/pere.12335>

- Burke, T. J., & Rains, S. A.** (2019). The paradoxical outcomes of observing others' exercise behavior on social network sites: Friends' exercise posts, exercise attitudes, and weight concern. *Health Communication, 34*(4), 475-483. <https://doi.org/10.1080/10410236.2018.1428404>
- Arroyo, A., **Burke, T. J., & Young, V. J.** (2019). The role of close others in promoting weight management and body image outcomes: An application of confirmation, self-determination, social control, and social support. *Journal of Social and Personal Relationships, 37*(3), 1030-1050. <https://doi.org/10.1177/0265407519886066>
- Ray, C., **Burke, T. J., Young, V. J., & Curran, M. A.** (2019). Enacting social control to encourage healthier partner diet and exercise behavior: Considering the roles of constraints and topic avoidance. *Southern Communication Journal, 84*(5), 301-313. <https://doi.org/10.1080/1041794X.2019.1644665>
- Young, V. J., **Burke, T. J., & Curran, M. A.** (2019). Interpersonal effects of health-related social control: Positive and negative influence, partner health transformations, and relationship quality. *Journal of Social and Personal Relationships, 36*(11-12), 3986-4004. <https://doi.org/10.1177/0265407519846565>
- Segrin, C., *Kauer, T. B., & **Burke, T. J.** (2019). Indirect effects of family cohesion on emerging adult perfectionism through anxious rearing and social expectations. *Journal of Child and Family Studies, 28*, 2280-2285. <https://doi.org/10.1007/s10826-019-01444-2>
- *Menge, L. D., Hu, Y., Crixell, S. L., Lloyd, L. K., Bezner, J. R., & **Burke, T. J.** (2019). Influences on catered event ordering in a university workplace: Development and validation of the understanding food ordering survey. *American Journal of Health Promotion, 33*(4), 616-619. <https://doi.org/10.1177/0890117118807217>
- Dailey, S. L., **Burke, T. J., & *Carberry, E. G.** (2018). For better or for work: Dual discourses in a workplace wellness program. *Management Communication Quarterly, 32*(4), 612-626. <https://doi.org/10.1177/0893318917746018>
- Ruppel, E., **Burke, T. J., *Cherney, M., & *Dinsmore, D.** (2018). Social compensation and enhancement via mediated communication in the transition to college. *Human Communication Research, 44*(1), 58-79. <https://doi.org/10.1093/hcr/hqx003>
- Burke, T. J., Segrin, C., & Farris, K. L.** (2018). Young adult and parent perceptions of facilitation: Associations with overparenting, family functioning, and student adjustment. *Journal of Family Communication, 18*(3), 233-247. <https://doi.org/10.1080/15267431.2018.1467913>
- Horan, S. M., *Morgan, T., & **Burke, T. J.** (2018). Sex and risk: Parental messages and associated safety/risk behavior of adult children. *Communication Quarterly, 66*(4), 403-422. <https://doi.org/10.1080/01463373.2017.1418404>
- Bezner, J. R., Lloyd, L. K., Crixell, S. H., & **Burke, T. J.** (2017). The health care provider's role in supporting positive health behavior change: Developing an effective and supportive communication approach. *Medical Research Archives, 5*(9). <https://esmed.org/MRA/index.php/mra/article/view/1523>
- Ruppel, E. K., **Burke, T. J., & *Cherney, M.** (2017). Channel complementarity and multiplexity in long distance friends' patterns of communication technology use. *New Media & Society, 20*(4). <https://doi.org/10.1177/1461444817699995>
- Burke, T. J., Dailey, S. L., & *Zhu, Y.** (2017). Let's work out: Communication in workplace wellness programs. *International Journal of Workplace Health Management, 10*(2), 101-115. <https://doi.org/10.1108/IHWHM-07-2016-0055>

- Young, V. J., & **Burke, T. J.** (2017). Self, partner, and relationship motivations for healthy and unhealthy behaviors. *Health Psychology Report*, 5(3), 219-226. <https://doi.org/10.5114/hpr.2017.65221>
- Burke, T. J.**, & Segrin, C. (2017). Weight-related social control in couples: Associations with motives, constraints, and health behaviors. *Communication Research*, 44(3), 348-366. <https://doi.org/10.1177/0093650215590606>
- Burke, T. J.**, Ruppel, E., & *Dinsmore, D. (2016). Moving away and reaching out: Young adults' relational maintenance and psychosocial well-being during the transition to college. *Journal of Family Communication*, 16(2), 180-187. <https://doi.org/10.1080/15267431.2016.1146724>
- Givertz, M., **Burke, T.**, Segrin, C., & Woszidlo, A. (2016). Attachment orientation moderates the relationship between dedication and constraint commitment and felt constraint in married couples. *Couple and Family Psychology: Research and Practice*, 5(1), 1-11. <https://doi.org/10.1037/cfp0000052>
- Curran, M. A., **Burke, T. J.**, Young, V. J., & Tenhagen, C. (2016). Relational sacrifices about intimate behavior and relationship quality for expectant cohabitators. *Marriage and Family Review*, 52(5), 442-460. <https://doi.org/10.1080/01494929.2015.1113225>
- Burke, T. J.**, & Segrin, C. (2016). Weight-related social control and relationship quality: Accuracy and bias effects. *Journal of Social and Personal Relationships*, 33(8), 999-1017. <https://doi.org/10.1177/0265407515615692>
- Burke, T. J.**, & Ruppel, E. K. (2015). Facebook self-presentational motives: Daily effects on social anxiety and interaction success. *Communication Studies*, 66(2), 204-217. <https://doi.org/10.1080/10510974.2014.884014>
- Ruppel, E. K., & **Burke, T. J.** (2015). Complementary channel use and the role of social competence. *Journal of Computer Mediated Communication*, 20(1), 37-51. <https://doi.org/10.1111/jcc4.12091>
- Segrin, C., & **Burke, T. J.** (2015). Loneliness and sleep quality: Dyadic effects and stress effects. *Behavioral Sleep Medicine*, 13(3), 241-254. <https://doi.org/10.1080/15402002.2013.860897>
- Burke, T. J.**, & Segrin, C. (2014). Bonded or stuck? Effects of personal and constraint commitment on loneliness and stress. *Personality and Individual Differences*, 64, 101-106. <https://doi.org/10.1016/j.paid.2014.02.27>
- Burke, T. J.**, & Segrin, C. (2014). Examining diet- and exercise-related communication in romantic relationships: Associations with health behaviors. *Health Communication*, 29(9), 877-887. <https://doi.org/10.1080/10410236.2013.811625>
- Burke, T. J.**, Woszidlo, A., & Segrin, C. (2013). The intergenerational transmission of social skills and psychosocial problems among parents and their young adult children. *Journal of Family Communication*, 13(2), 77-91. <https://doi.org/10.1080/15267431.2013.768247>
- Burke, T. J.**, Randall, A. K., Corkery, S. A., Young, V. J., & Butler, E. A. (2012). "You're going to eat that?" Relationship processes and conflict among mixed weight couples. *Journal of Social and Personal Relationships*, 29(8), 1109-1130. <https://doi.org/10.1177/0265407512451199>
- Burke, T. J.**, Woszidlo, A., & Segrin, C. (2012). Social skills, family conflict, and loneliness in families. *Communication Reports*, 25(2), 75-87. <https://doi.org/10.1080/08934215.2012.719461>

- Burke, T. J., & Young, V. J.** (2012). Sexual transformations and intimate behaviors in romantic relationships. *Journal of Sex Research*, 49(5), 454-463. <https://doi.org/10.1080/00224499.2011.569977>
- Segrin, C., **Burke, T. J.**, & Dunivan, M. (2012). Loneliness and poor health within families. *Journal of Social and Personal Relationships*, 29(5), 597-611. <https://doi.org/10.1177/0265407512443434>
- Segrin, C., & ****Domschke, T.** (2011). Social support, loneliness, recuperative processes, and their direct and indirect effects on health. *Health Communication*, 26(3), 221-232. <https://doi.org/10.1080/10410236.2010.546771>
- Segrin, C., Hanzal, A.D., & ****Domschke, T. J.** (2009). Accuracy and bias in newlywed couples' perceptions of conflict styles and the association with marital satisfaction. *Communication Monographs*, 76(2), 207-233. <https://doi.org/10.1080/03637750902828404>
- Segrin, C., Hanzal, A., Donnerstein, C., Taylor, M., & ****Domschke, T. J.** (2007). Social skills, psychological well-being, and the mediating role of perceived stress. *Anxiety, Stress, and Coping*, 20(3), 321-329. <https://doi.org/10.1080/10615800701282252>
- Nabi, R., Finnerty, K., ****Domschke, T.**, & Hull, S. (2006). Does misery love company? Exploring the therapeutic effects of TV viewing on regretted experiences. *Journal of Communication*, 56(4), 689-706. <https://doi.org/10.1111/j.1460-2466.2006.00315.x>

INVITED BOOK CHAPTERS / ENCYCLOPEDIA ENTRIES

- Ruppel, E. K., **Burke, T. J.**, *Moon, M., & *Corder, M. D. (2025). Maintaining friendships on social media. In K. Rosetto & J. Owlett (Eds.), *Social media & close relationships*. Cognella.
- Burke, T. J.**, Arroyo, A., & Young, V. J. (2023). Weight-related communication: Helpful, hurtful, and unavoidable. In A. Goodboy & K. Shultz (Eds.), *Introduction to communication studies: Translating communication scholarship into meaningful practice* (2nd ed.). Kendall Hunt.
- Arroyo, A., Young, V. J., & **Burke, T. J.** (2022). Idealized body wishes for the soon-to-be Mrs.: Communicating resistance and acceptance of everyday body talk. In D. O. Braithwaite et al. (Eds.), *Casing interpersonal communication: Case studies in personal and social relationships* (3rd ed.). Kendall Hunt.
- Burke, T. J.** (2019). "Let's take a walk": Relationship maintenance and health communication in romantic relationships. In J. Theiss & K. Greene (Eds.), *Contemporary studies of relationships, health, and wellness*. Cambridge University Press.
- Burke, T. J.** (2016). Anxiousness. In V. Zeigler-Hill, & T. K. Shackelford (Eds.), *Encyclopedia of Personality and Individual Differences*. Springer Meteor Publishing. doi:10.1007/978-3-319-28099-8_1043-1
- Segrin, C., **Burke, T. J.**, & Badger, T. (2016). Loneliness, relationships, and health. In A. Rokach (Ed.), *The Correlates of Loneliness*. Sharjah, UAE: Bentham Science Publishers.

UNDER REVIEW

- Burke, T. J.** (2025). Family Caregiving. In E. Dorrance Hall and K. Scharp, *Engaging theories in family communication* (2nd ed.), Wiley.
- Farris, K. L., **Burke, T. J.**, Houser, M. L., & *Olanipekun, O. A. (2025). Greater regard for communication competence: An investigation of the social skills deficit vulnerability model in parent-caregivers of children with medically complex conditions.

Young, V. J., **Burke, T. J.**, & Wotipka, C. (2025). Health-related stressors and relational communication.

IN PROGRESS

Burke, T. J., & Farris, K. L. (2025). *Communication and Coping across the Lifespan*, Cognella. Authored book is 30% complete.

Burke, T. J. & Crowley, J. P. (2025). Weight-related support marshaling in couples: Examining Goals, Frames, and Influence. In preparation.

Farris, K. L., **Burke, T. J.**, Dailey, S. L., & Howard, K. (2025). Notifications and Negotiations: Examining Childcare Apps, Coparenting, and Conflict in Relationships. Data analysis.

Burke, T. J., & DeGroot, J. M. (2025). Memorable support messages in medically complex parenting. Data analysis.

van Raalte, L. J., **Burke, T. J.**, & DeGroot, J. M. (2025). Examining loneliness during the transition to parenthood. Data collection.

CONVENTION PRESENTATIONS

Cooper, R. A., **Burke, T. J.**, & DeGroot, J. (2025, November). Coping with loss in caregiving: Comparing the experiences of dementia family caregivers and parents of medically complex children. To be presented at the National Communication Association, New Orleans, LA. **Top Paper Panel**

Farris, M., & **Burke, T. J.** (2025, November). AI and Online Teaching. To be presented at the Quality Matters Conference in Tucson, AZ.

Farris, K. L., **Burke, T. J.**, Houser, M. L., & *Olanipekun, O. A. (2024, November). Greater regard for communication competence: An investigation of the social skills deficit vulnerability model in parent-caregivers of children with medically complex conditions. Presented at the National Communication Association, New Orleans, LA.

Dailey, S. L., Farris, K. L., Howard, K., & **Burke, T. J.** (2024, November). “It’s a Roller Coaster of Emotions!”: Investigating the paradoxes of childcare app use and work engagement. Presented at the National Communication Association, New Orleans, LA.

Farris, K. L., DeGroot, J., **Burke, T. J.**, & *Mellow, A. J. (2024, November). “It’s going to take hard work”: An exploratory analysis of parent-caregivers’ labor across their child’s illness trajectory. Presented at the National Communication Association, New Orleans, LA.

Burke, T. J., DeGroot, J., Farris, K. L., & *Mellow, A. J. (2024, July). “The Rare Life”: Grief, barriers, and facilitators associated with caring for medically complex children. Presented at the conference for the International Association for Relationship Research, Boston, MA.

Burke, T. J., Young, V. J., & Arroyo, A. A. (2023, May). Positive health promotion in mother-daughter relationships. Presented at the mini-conference of the International Association for Relationship Research, Tempe, AZ.

Burke, T. J. (2023, May). Tensions and resilience in parent-caregivers of medically complex children. Presented at the mini-conference of the International Association for Relationship Research, Tempe, AZ.

- Farris, K. L., Singh, S. M., **Burke, T. J.**, & Warber, K. (2023, February). Exploring psychosocial well-being and communicative resilience in parent-caregivers of children with medically complex conditions (MCCs). Presented at the annual meeting of the Western States Communication Association, Phoenix, AZ.
- Burke, T. J.**, van Raalte, L. J., & DeGroot, J. M. (2022, November). Supportive coparenting, affection, and mental health after the birth of a child. Presented at the annual meeting of the National Communication Association, New Orleans, LA.
- Farris, K. L., Burns, M. E., & **Burke, T. J.** (2022, November). Employee culture of health perceptions and the development of a training intervention. Presented at the annual meeting of the National Communication Association, New Orleans, LA. **Top paper**
- van Raalte, L. J., **Burke, T. J.**, DeGroot, J. M., & *Mellow, A. J. (2022, November). Examining changes in affection and feeling touched out after the birth of a child. Presented at the annual meeting of the National Communication Association, New Orleans, LA.
- Young, V. J., **Burke, T. J.**, & Duggan, A. (2022, November). Communicating health-related support and control in close relationships: A review of research and recommendations for the future. Presented at the annual meeting of the National Communication Association, New Orleans, LA.
- Burke, T. J.**, & Crowley, J. P. (2021, November). Goals and frames associated with weight-related support marshaling in couples. Presented at the annual meeting of the National Communication Association, Seattle, WA.
- *Kauer, T., & **Burke, T. J.** (2021, November). Family communication patterns and social control: Exploring emerging adults' weight-related outcomes. Presented at the annual meeting of the National Communication Association, Seattle, WA.
- Young, V. J., **Burke, T. J.**, Arroyo, A. A., Crowley, J. P., Dailey, R., Duggan, A. P., & Scharp, K. M. (2021, November). Transforming our understanding of interpersonal health communication processes. Presented at the annual meeting of the National Communication Association, Seattle, WA.
- Burns, M., *Donahue, N., & **Burke, T. J.** (2019, April). To ground or abandon the helicopter: The parent experience with the college transition. Presented at the annual meeting of the Central States Communication Association, Omaha, NE.
- Burke, T. J.**, Segrin, C., & Farris, K. (2018, November). Young adult and parent perceptions of facilitation: Associations with overparenting, family functioning, and student adjustment. Presented at the annual meeting of the National Communication Association, Salt Lake City, UT.
- Sahlstein, E. M., Willenborg, J. P., **Burke, T. J.**, et al. (2018, November). The individual at play in interpersonal communication theories and research. Presented at the annual meeting of the National Communication Association, Salt Lake City, UT.
- Burke, T. J.**, & Young, V. J. (2018, July). Understanding the role of relational influence in the context of relational commitment, investment, and sacrifice. Presented at the bi-annual meeting of the International Association for Relationship Research, Ft. Collins, CO.
- Mentoring Committee Members (2018, July). Special panel by IARR Mentoring Committee: Laying the groundwork for a successful career in relationship science. Presented at the bi-annual meeting of the International Association for Relationship Research. Ft. Collins, CO.

- Crowley, J. P., **Burke, T. J.**, Denes, A., *Allred, R., & *Carberry, E. (2018, May). Navigating relational turbulence in the wake of weight loss transitions: A support marshaling analysis. Presented at the annual meeting of the International Communication Association, Prague, Czech Republic.
- Jackson, D., *Young, V. J., & **Burke, T. J.** (2017, November). I win and we both lose: Individual conflict styles, demand-withdrawal patterns, and relationship satisfaction outcomes of conflict communication. Presented at the annual meeting of the National Communication Association, Dallas, TX.
- *Carberry, E., & **Burke, T. J.** (2017, June). Do you know who you're sleeping with? Accuracy and bias in couples' sexual communication. Presented at the mini conference for the International Association for Relationship Research, Syracuse, NY.
- Young, V. J., *Jackson, D., & **Burke, T. J.** (2017, June). Couples' conflict evaluations and relationship quality. Presented at the mini conference for the International Association for Relationship Research, Syracuse, NY.
- Burke, T. J.**, & Rains, S. R. (2017, May). The paradoxical outcomes of observing others' exercise behavior on social network sites: Friends' exercise posts, exercise attitudes, and weight. Presented at the annual meeting of the International Communication Association, San Diego, CA.
- Dailey, S. L., **Burke, T. J.**, & *Carberry, E. (2017, May). For better or for work: Competing discourses in a workplace wellness program. Presented at the annual meeting of the International Communication Association, San Diego, CA.
- Burns, M., **Burke, T. J.**, & *Waldbuesser, C. (2017, March). Family communication patterns and student well-being during the transition to college. Presented at the annual meeting of the Central States Communication Association, Minneapolis, MN.
- Burke, T. J.**, Dailey, S., & *Zhu, Y. (2016, November). Let's hit the gym: Co-worker influence, social support, and organizational socialization in workplace wellness programs. Presented at the annual meeting of the National Communication Association, Philadelphia, PA.
- Ruppel, E. K., **Burke, T. J.**, *Cherney, M., & *Dinsmore, D. (2016, July). Social competence and communication with parents in the transition to college. Presented at the annual meeting of the International Association for Relationship Research, Toronto, Canada.
- Burns, M., **Burke, T. J.**, & *Waldbuesser, C. (2016, April). College, a family experience: The influence of family communication patterns on young adult stress during the transition to college. Presented at the annual meeting of the Central States Communication Association, Grand Rapids, MI. **Top paper**
- Horan, S., *Morgan, T., & **Burke, T. J.** (2016, April). Sex, alcohol, and risk: Parental messages and associated behavior of adult children. Presented at the annual meeting of the Eastern States Communication Association, Baltimore, MD.
- Burke, T. J.**, Ruppel, E., & *Dinsmore, D. (2015, November). Moving away and reaching out: Students' relational maintenance and psychosocial well-being during the transition to college. Presented at the annual meeting of the National Communication Association, Las Vegas, NV.
- Givertz, M., **Burke, T. J.**, Segrin, C., & Woszidlo, A. (2015, November). Attachment orientation moderates the relationship between commitment types and felt constraint in married couples. Presented at the annual meeting of the National Communication Association, Las Vegas, NV.

- *Morgan, T. M., **Burke, T. J.**, & Young, V. J. (2015, November). The relational costs and rewards of sexual communication. Presented at the annual meeting of the National Communication Association, Las Vegas, NV.
- Ruppel, E., **Burke, T. J.**, & *Cherney, M. (2015, November). Long-distance friends' patterns of communication technology use: Channel complementarity and multiplexity. Presented at the annual meeting of the National Communication Association, Las Vegas, NV.
- Burke, T. J.**, & Segrin, C. (2015, June). Accuracy and bias in couples' weight-related social influence. Presented at the mini conference for the International Association for Relationship Research, New Brunswick, NJ.
- *Draper, P., *Dinsmore, D., & **Burke, T. J.** (2015, June). A dyadic examination of social influence and relational quality regarding health-dependent diets. Presented at the mini conference for the International Association for Relationship Research, New Brunswick, NJ.
- Young, V. J., *Slifer, E., & **Burke, T. J.** (2015, June). Extrinsic unhealthy motivations in romantic relationships. Presented at the mini conference for the International Association for Relationship Research, New Brunswick, NJ.
- Burke, T. J.** (2015, May). Enacting social control to encourage healthier partner diet and exercise behavior: Motives, constraints, and topic avoidance. Presented at the annual meeting of the International Communication Association, San Juan, PR.
- Burke, T. J.**, Young V. J., Totenhagen, C., & Curran, M. A. (2014, November). Relational sacrifices about intimate behavior and relationship quality for expectant cohabitators. Presented at the annual meeting of the National Communication Association, Chicago, IL.
- Ruppel, E. K., & **Burke, T. J.** (2014, November). Complementary channel use and the role of social competence. Presented at the annual meeting of the National Communication Association, Chicago, IL.
- Burke, T. J.**, & Segrin, C. (2013, November). Examining diet- and exercise-related communication in romantic relationships: Associations with health behaviors. Presented at the annual meeting of the National Communication Association, Washington, D.C.
- Burke, T. J.**, Ruppel, E. K., & Young, V. J. (2013, November). Investigating self-presentational motives on Facebook: The role of social competence and social anxiety. Presented at the annual meeting of the National Communication Association, Washington, D.C.
- Young, V. J., & **Burke, T. J.** (2013, November). Communicating health goals in relationships. Presented at the annual meeting of the National Communication Association, Washington, D.C.
- Burke, T. J.**, & Segrin, C. (2013, October). Health-related social control in relationships: Balancing health and relational needs. Presented at the mini conference for the International Association for Relationship Research, Louisville, KY.
- Young, V. J., **Burke, T. J.**, & Curran, M. A. (2013, October). Examining sacrifice in cohabiting couples. Presented at the mini conference for the International Association for Relationship Research, Louisville, KY.
- Burke, T. J.** (2012, November). Examining the association between relationship maintenance and health influence strategies in romantic relationships. Presented at the annual meeting of the National Communication Association, Orlando, FL.

Burke, T. J., Woszidlo, A., & Segrin, C. (2012, November). Social skills, family conflict, and loneliness in families. Presented at the annual meeting of the National Communication Association, Orlando, FL.

Young, V. J., *Hefler, E., & **Burke, T. J.** (2012, November). Dyadic effects of sexual communication and intimacy satisfaction. Presented at the annual meeting of the National Communication Association, Orlando, FL.

Burke, T. J., Woszidlo, A., & Segrin, C. (2011, November). The intergenerational transmission of social skills and psychosocial problems among college students and their parents. Presented at the annual meeting of the National Communication Association, New Orleans, LA.

Burke, T. J., Randall, A. K., Young, V. J., Corkery, S., & Butler, E. A. (2011, October) "Do these pants make me look fat?" An examination of eating together, support, and conflict among mixed-weight couples. Presented at the mini conference for the International Association for Relationship Research, Tucson, AZ.

****Domschke, T.**, Young, V. J., & Curran, M. A. (2010, November). Awareness of sacrifice influences relationship quality among pregnant cohabiting couples. Presented at the annual meeting of the National Communication Association, San Francisco, CA.

Young, V. J., & ****Domschke, T.** (2010, November). Health communication and support: A dyadic examination of predictors of body image satisfaction and relationship satisfaction. Presented at the annual meeting of the National Communication Association, San Francisco, CA.

Curran, M. A., ****Domschke, T.**, & Young, V. (2010, November). Influences of gender and relationship type on support, strain, and relationship satisfaction. In M. A. Curran & C. Kamp Dush (Chairs), Cohabitors' relationship quality and financial considerations. Presented at the meeting of the National Council on Family Relations, Minneapolis, MN.

****Domschke, T.**, & Young, V. J. (2009, November). If you rub my back, I'll rub yours: Toward a model of sexual sacrifice and intimate support. Presented at the annual meeting of the National Communication Association, Chicago, IL.

Segrin, C., Hanzal, A., & ****Domschke, T. J.** (2007, November). Accuracy and bias in newlywed couples' perceptions of conflict styles and their associations with marital satisfaction. Presented at the annual meeting of the National Communication Association, Chicago, IL.

Segrin, C., Hanzal, A., Donnerstein, C., Taylor, M., & ****Domschke, T. J.** (2006, February). Social skills, psychological well-being, and the mediating role of perceived stress. Presented at the annual meeting of the Western States Communication Association, Palm Springs, CA.

Nabi, R., Finnerty, K., ****Domschke, T.**, & Hull, S. (2005, May). Exploring the therapeutic effects of TV viewing: The effect of regret on selective exposure to an impact of experience-relevant programming. Presented at the annual conference of the International Communication Association, New York, NY.

PRESENTATIONS, WORKSHOPS, & PODCASTS

Burke, T. J. (2025, November). Roots of calm: Mindfulness and nature (at) work. To be presented during the Wellness Education Series, hosted by WellCats, Texas State University, San Marcos, TX.

Burke, T. J. (2024, November). Challenging Conversations. Presented during the Wellness Education Series, hosted by WellCats, Texas State University, San Marcos, TX.

Bezner, J., & **Burke, T. J.** (2024, February). Demonstrations of Love and Care. Presented during the Wellness Education Series, hosted by WellCats, Texas State University, San Marcos, TX.

- Burke, T. J.** (2023, July). Beating Burnout. To be presented during the Wellness Education Series, hosted by WellCats, Texas State University, San Marcos, TX.
- Burke, T. J.** (2023, February). Caring for Caregivers. Presented during the Wellness Education Series, hosted by WellCats, Texas State University, San Marcos, TX.
- Burke, T. J.** (2021, November). Finding our Way: Navigating Transitions and Challenges in Families. [Dean's Seminar Presentation](#), hosted by the College of Fine Arts and Communication, Texas State University, San Marcos, TX.
- Burke, T. J.** (2020, December). The 4 Ts of Online Teaching. Online teaching workshop in the Department of Communication Studies, Texas State University, San Marcos, TX.
- Burke, T. J.** (2020). Tips for Success in Graduate School. Mentoring workshop in the Department of Communication Studies, Texas State University, San Marcos, TX.
- Burke, T. J.** & Head, K. (2020, October). AccessABILITY: Confronting Assumptions about Difference. Diversity Workshop Series in the Department of Communication Studies, Texas State University, San Marcos, TX.
- Burke, T. J.** & Burney, M. (2019, April). Public Speaking Workshop, hosted by the Graduate College, Texas State University, San Marcos, TX.
- Burke, T. J.** (2018, September). Tips and tricks for successful REP grant submissions. Presented at the REP Grant Writing Workshop, hosted by C3 at Texas State University, San Marcos, TX.
- Burke, T. J.,** & Curran, M. C. (2018, July). Prioritizing tasks and time management in academia. Presented at on the panel "Laying the groundwork for a successful career in relationship science" at the bi-annual conference of the International Association for Relationship Research, Ft. Collins, CO.
- Burke, T. J.,** & Smith, R. (2018, June). The academic journey. Presented at the Undergraduate Symposium on Graduate education in Communication Studies at Pennsylvania State University, State College, PA.
- Burke, T. J.** (2017, September). Family communication and well-being during transition. Presented at the Department of Communication Colloquium at the University of Wisconsin-Milwaukee, Milwaukee, WI.
- Burke, T. J.** (2017, June). How to be successful in the first year. Presented at the mini conference for the International Association for Relationship Research, Syracuse University, Syracuse, NY.
- Burke, T. J.** (2017, June). Relational communication and wellness. Presented at a brunch 'n' learn workshop at Texas State University, San Marcos, TX.
- Burke, T. J.,** & Burns, M. (2017, February). The home stretch: Managing the end of your master's program. Presented to the Communication Studies Graduate Association at Texas State University, San Marcos, TX.
- Burke, T. J.** (2016, March). Communication and health in close relationships. Presented at a Department of Communication Studies colloquium at Wittenberg, University, Springfield, OH.
- Burke, T. J.,** & Burns, M. (2016, March). Family Communication and stress during the transition to college. Presented at a meeting of the Freshman Year Experience seminar at Wittenberg University, Springfield, OH.

- Burke, T. J.** (2016, February). Communication and health in close relationships. Presented at a Department of Communication Studies colloquium at the University of Kansas, Lawrence, KS.
- Burke, T. J.** (2015, December). Talking about Weight. [Podcast recorded](#) for the *Relationship Matters* podcast series (*Journal of Social and Personal Relationships*).
- Burke, T. J.** (2014, November). Successful rural health campaigns. Presented at a meeting of the Texas Rural Health Association, Ft. Worth, TX.
- Burke, T. J.** (2014, September). You're in, now what? Navigating your first year of graduate school. Presented at a meeting for the Communication Studies Graduate Association at Texas State University, San Marcos, TX.
- Burke, T. J.** (2014, April). Reflections on my tenure track job search: Preparation, perseverance, and luck. Presented at a meeting for the Communication Studies Graduate Association at University of Arizona, Tucson, AZ.
- Burke, T. J.** (2014, March). Preparing a stellar CV. Presented at a meeting for the Communication Studies Graduate Association at Texas State University, San Marcos, TX.
- Burke, T. J.** (2013, October). Conference etiquette: Presenting your best self at academic conferences. Presented at a meeting for the Communication Studies Graduate Association at Texas State University, San Marcos, TX.
- Burke, T. J.** (2012, November). "You're going to eat that?" Relationship processes and conflict among mixed weight couples. [Podcast recorded](#) for the Relationship Matters podcast series (*Journal of Social and Personal Relationships*).
- Burke, T. J.** (2011, October). Examining communication and health in romantic and family relationships. Presented at the Communication Department colloquium at the University of Arizona, Tucson, AZ.
- Coe, K., Kenski, K., ****Domschke, T.**, & McKinley, C. (2009, April). I almost have a degree, now what about a job?! Searching for a job with an advanced degree in communication. Presented at the Communication Department colloquium at the University of Arizona, Tucson, AZ.
- **Domschke, T. J.** (2009, February). Let's chat Facebook to Facebook: Understanding interpersonal factors in an online context. Presented to the Health, Emotion, and Relationships research group at the University of Arizona, Tucson, AZ.

GRANTS

- 2025 Co-I, Research Enhancement Grant funded by Texas State University
Project Title: Family influence in patient medical decision-making (requested \$24,000; awaiting decision)
- 2023 Consultant, Research Enhancement Grant funded by Texas State University (\$16,000)
Project Title: Developing communicative resilience in parent-caregivers of children with medically complex conditions (awarded \$16,000)
- 2019 Co-I, Self-Management for Health in Chronic Conditions (R15) funded by the National Institutes of Health
Project Title: Health Coaching and Chronic Disease Management in Aging Adults: Comparison of In-Person and App-Based Coaching (Unfunded - \$300,000)

- 2018 PI, Research Enhancement Grant funded by Texas State University
Project Title: Building a culture of health at work: Assessing and fostering supervisor support (awarded \$16,000)
- 2016 PI, Multidisciplinary Internal Research Grant (MIRG) funded by Texas State University
Project Title: Improving self-management in patients with metabolic syndrome: Development and testing of MetaboManage (awarded \$25,000)
- 2016 Co-I, Self-Management for Health in Chronic Conditions (R15) funded by the National Institutes of Health
Project Title: Improving self-management in patients with metabolic syndrome: The development and testing of MetaboManage (unfunded - \$300,000)
- 2015 Co-I, Research Enhancement Grant funded by Texas State University
Project Title: Co-worker influence and organizational socialization in workplace wellness programs: A qualitative interview analysis (awarded \$16,000)
- 2014 PI, Multidisciplinary Internal Research Grant (MIRG) funded by Texas State University
Project Title: Improving medication adherence in recently diagnosed Type II diabetes patients: Development of an interactive social network application (unfunded - \$25,000)
- 2013 PI, Research Enhancement Grant funded by Texas State University
Project Title: Investigating family communication and mental health during the transition to college (awarded \$16,000)
- 2013 Co-I, Multidisciplinary Internal Research Grant (MIRG) funded by Texas State University
Project Title: Communication with partners and parents as predictors of well-being among pregnant and parenting adolescent mothers (unfunded - \$25,000)
- 2011 PI, Department of Communication Dissertation Research Grant funded by University of Arizona
Project Title: Examining Diet- and Exercise-Related Communication in Romantic Relationships: Associations with Health and Relationship Quality (awarded \$1,200)

AWARDS & RECOGNITION

Top Paper, Health Communication Division, National Communication Association (2025)
 Presidential Distinction Award in Scholarly and Creative Activity, Texas State University (2024, 2017, 2015)
 Top 10% Reviewer, Journal of Social and Personal Relationships (2024)
 Top Paper, Training and Development Division, National Communication Association (2022)
 Award for Excellence in Online Teaching, Texas State University (2019)
 Faculty Development Leave Supplemental Research Award, Texas State University (2019)
 College Achievement Award in Scholarly and Creative Activity, Texas State University (2019, 2018)
 Alpha Chi Favorite Professors Dinner, Texas State University (2018)
 Top 5% Reviewer, Journal of Social and Personal Relationships (2016)
 Top Paper, Communication Education Interest Group, Central States Communication Association (2016)
 Article of the Year, *Journal of Family Communication* (2014)
 Alpha Delta Pi Scholarship Banquet, Texas State University (2013)
 Pi Beta Phi Favorite Professors Tea, University of Puget Sound (2012)
 Kappa Alpha Theta Favorite Professors Social, University of Puget Sound (2012)
 Dept of Communication Award for Excellence in Research, University of Arizona (2011)
 Donnerstein Magellan Circle Outstanding Graduate Student Fellowship, University of Arizona (2010)
 Dept of Communication Award for Academic Achievement, University of Arizona (2009)

MEDIA RECOGNITION

2020: Consumer Affairs, Forbes, Indian Express, Psychology Today, Science Daily, KTAR News

2018: Medical Express, Moneyish, UA News, Time, NPR Phoenix

2013: Science of Relationships, Yahoo!, Wall Street Journal, Today Show

TEACHING EXPERIENCE

My teaching experience includes face-to-face, hybrid, online synchronous, and online asynchronous classes, as well as full-semester and accelerated formats (8-week and 5-week).

GRADUATE COURSES

Interpersonal Communication

Relational Health Communication

Relational Communication

Quantitative Research Methods

Health Communication

Communication for Leadership and Management

UNDERGRADUATE COURSES

Family Communication

Relational Communication

Interpersonal Communication

Health Communication

Empirical Research Methods

Communication Theory

Gender and Communication

Small Group Communication

Applied Organizational Communication

STUDENT MENTORING

DISSERTATION COMMITTEE

Dissertation committee member, Kristen LeBlanc Farris, Comm Studies, UT Austin (2017)

MASTER'S THESIS COMMITTEES

M.A. Thesis committee member, Abigail Mellow, Comm Studies, Texas State University (2023)

M.A. Thesis committee member, Vanessa Salazar, Comm Studies, Texas State University (2016)

M.A. Thesis chair, Arin Ely, Comm Studies, Texas State University (2015)

M.A. Thesis committee member, Brenda MacArthur, Comm Studies, Texas State University (2014)

UNDERGRADUATE THESIS COMMITTEE

Honors Thesis Committee member, Chelsea Wechsler, Comm Design, Texas State University (2021)

MASTER'S COMPREHENSIVE EXAM COMMITTEES

M.A. Comprehensive Exam committee member, Ashton Kiesling (2025)

M.A. Comprehensive Exam committee chair, Cesar Mejia Aguilar (2024)

M.A. Comprehensive Exam committee chair, Milena Williams (2024)

M.A. Comprehensive Exam committee member, Ololade Olanepikun (2024)

M.A. Comprehensive Exam committee member, Lauren Green (2024)

M.A. Comprehensive Exam committee chair, Victoria Diaz (2023)

M.A. Comprehensive Exam committee chair, Sarah Wood (2023)

M.A. Comprehensive Exam committee member, Jess Alexander (2022)
M.A. Comprehensive Exam committee chair, Alicia Martinez (2022)
M.A. Comprehensive Exam committee member, Lawson Price (2022)
M.A. Comprehensive Exam committee member, Trevor Kauer (2019)
M.A. Comprehensive Exam committee member, Hannah Jones (2019)
M.A. Comprehensive Exam committee chair, Giselle Devot (2018)
M.A. Comprehensive Exam committee chair, Kellie Stritz (2018)
M.A. Comprehensive Exam committee chair, Jeannetta Landrum (2018)
M.A. Comprehensive Exam committee chair, Jonathan Davis (2018)
M.A. Comprehensive Exam committee chair, Ali Cross (2018)
M.A. Comprehensive Exam committee chair, Ashley Baty (2017)
M.A. Comprehensive Exam committee member, Joy Gathright (2017)
M.A. Comprehensive Exam committee chair, Tianna Cobb (2017)
M.A. Comprehensive Exam committee member, Emma Carberry (2017)
M.A. Comprehensive Exam committee member, Adam Tristan (2017)
M.A. Comprehensive Exam committee member, George Fitzpatrick (2017)
M.A. Comprehensive Exam committee member, Lee Leavitt (2017)
M.A. Comprehensive Exam committee chair, Daniel King (2016)
M.A. Comprehensive Exam committee chair, Toni Morgan (2016)
M.A. Comprehensive Exam committee chair, Emily Martwick (2016)
M.A. Comprehensive Exam committee chair, Danica Artaza (2015)
M.A. Comprehensive Exam committee chair, Dana Dinsmore (2015)
M.A. Comprehensive Exam committee chair, Page Draper (2015)
M.A. Comprehensive Exam committee chair, Chelsea English (2015)
M.A. Comprehensive Exam committee member, James Doran (2015)
M.A. Comprehensive Exam committee member, Terrica Watkins (2014)

INDEPENDENT STUDIES/INTERNSHIPS

Crystal Hargrove, Tamara Davis (2018)
Ali Cross, Giselle Devot, Tori Miller (2018)
Jonathan Davis, Violet Cantu, Ashley Baty (2017)
Emma Carberry (2016)

INSTITUTIONAL SERVICE

Member, AI subcommittee, College of Fine Arts and Communication (2025 – present)
Member, AI resource development group, Texas State University (2025)
Member, WellCats Leadership Team, Texas State University (2017 – present)
College representative, University research enhancement committee (2021 – 2024)
Consultant, Dean's Summative Review Committee (2021)
Consultant, Presidential Excellence Award Rubric (2021)
Presidential Award Reviewer -- Scholarship, Texas State University (2021 – 2024)
Presenter, REP Workshop, Center for Communication, Collaboration, Creativity (2016 – 2023)
Member, Graduate College Council (2018 – 2019)
Member, Graduate Hooding Ceremony Committee (2018 – 2019)
Member, Graduate Scholarship Committee (2018 – 2019)
Member, Outstanding Graduate Student Committee (2018 – 2019)
Member, Internal Review Board Review Committee (2017 – 2019)
Reviewer/Representative, Texas State University Research Enhancement Grant (2018)
Graduate Marshall, College of Fine Arts & Communication Commencement (2018)
Judge, Undergraduate Research Conference, Texas State University (2017)
Marshall, College of Fine Arts & Communication Commencement, Texas State University (2016)

Representative, Research Enhancement Grant Committee, Texas State University (2016, 2018)
Methods Coach, Co-Search Research Start-up Weekend, Texas State University (2015 – 2019)
Member, SPSS Alternative Committee, Texas State University (2014)
Reviewer, Graduate Council Travel Grants, University of Arizona (2011 – 2012)
Mentor, Graduate Student Travel Grant, University of Arizona (2012)

DEPARTMENTAL SERVICE

Chair, Interpersonal Communication Faculty Search Committee (2025)
Assistant Chair and Director of Online Programs (2023 – present)
Chair, Curriculum and Scheduling Committee (2024 – present)
Member, Teaching Effectiveness Committee (2024 – present)
Member, Personnel Committee (2018 – present)
B.S. in Applied Comm Development Committee (2024 – 2025)
Member, Support Specialist II Search Committee (2024)
Organizer, Faculty Qualifications Workshop (2024)
Organizer, AI Teaching Workshop (2024)
Member, Policy Subcommittee (2023 – 2024)
Organizer, Online Engagement Workshop (2023)
Member, Assistant Prof of Practice Faculty Search Committee (2023)
Member, PC Annual Review Subcommittee (2023)
Participant, UPAC Messaging Subcommittee (2022 – 2023)
Chair, PC Annual Review Subcommittee (2021 – 2022)
Member, Graduate Program Advisory Committee (2020 – 2023)
Member, Graduate Admissions Committee (2020 – 2024)
Director of Graduate Studies (2018 – 2019)
Chair, Health Communication Faculty Search Committee (2018 – 2019)
Chair, Graduate Admissions Committee (2018 – 2019)
TA Selection Committee (2018 – 2019)
Member, Department Chair Search Committee, Texas State University (2016 – 2017)
Judge, Love Public Speaking Festival, Texas State University (2016 – 2017)
Advisor, Communication Studies Graduate Association, Texas State University (2015 – 2018)
Member, PhD Proposal Committee, Texas State University (2014 – 2018)
Coordinator, Graduate Hybrid Empirical Methods Tutorial, Texas State University (2014 – 2018)
Co-advisor, Communication Club, Texas State University (2013 – 2014)

PROFESSIONAL SERVICE

IARR Mentoring Committee (2016 – 2018)
Secretary, Interpersonal Division of the National Communication Association (2017 – 2018)
Panel Chair, International Communication Association, San Juan, PR (2015)
Volunteer, International Conference for Language and Social Psychology (2008)
Book Reviewer: Routledge, Taylor & Francis, Oxford University Press, Lexington Books

EDITORIAL BOARDS

Journal of Social and Personal Relationships; Communication Research; Personal Relationships

JOURNAL REVIEWS

American Communication Journal, Annals of Behavioral Medicine, Behavioral Sciences, Body Image, Communication Monographs, Communication Research, Communication Studies, Communication Teacher, Communication Theory, Cyberpsychology: Journal of Psychosocial Research on Cyberspace, Emotion, Health Communication, Journal of Applied Communication, Journal of Family Communication, Journal of Health

Communication, Journal of Sex & Marital Therapy, Journal of Social and Personal Relationships, Personality and Individual Differences, Personal Relationships, Western Journal of Communication.

CONFERENCE REVIEWS

ICA – Interpersonal Communication Division, Health Communication Division

NCA – Interpersonal Communication Division, Health Communication Division

SSCA – Applied Communication Division

COMMUNITY SERVICE

Phoenix Children’s Hospital Institutional Review Board (2025 – present)

Phoenix Children’s Hospital Family Faculty (2024 – present)

Second Street Children’s School Board Member (2025 – present)

Second Street Children’s School Volunteer (2024 – present)

Encircle Families Parent Support and Presenter (2021 – present)

Lineweaver Elementary School Volunteer (2024 – present)

Phoenix Children’s Hospital Patient and Family Advisory Council (2020 – 2024)

Congregation Anshei Israel Preschool Volunteer (2022 – 2024)

Ben’s Bells Volunteer (2008, 2011, 2024)

Feeding Matters Parent Support (2021 – 2022)

San Marcos Regional Animal Shelter Volunteer (2017 – 2018)

San Marcos River Cleanup Volunteer (2014 – 2018)

Serve San Marcos Flood Relief Volunteer (2015)

San Marcos Greenbelt Alliance Purgatory Creek Trail Run Volunteer (2014)

Volunteer Center of Southern AZ Fundraiser (2011)

Adopt a Family donation drive coordinator (2010 – 2011)

Habitat for Humanity Volunteer (2008)

AIDS Walk Registration Volunteer (2006)

CONTINUED EDUCATION

USF Summer Grant Writing Workshop, University of South Florida (2021)

Canvas Basics, Texas State University (2020)

Online Course Engagement, Texas State University (2020)

Designing Canvas Modules, Texas State University (2020)

Mentoring Program Sponsored by the International Association for Relationship Research (2017-2018)

NIH Grant Workshop, Office of Sponsored Projects Texas State University (2014)

Mediation and Moderation: Modern Methods and Approaches, offered by the Institute for Measurement, Methodology, Analysis, & Policy at Texas Tech University (2014)

Creating and Teaching an Online Course, Texas State University (2014)

Teaching Excellence Workshop, Texas State University (2013-2014)

Using Online Discussions Effectively, Instructional Technologies Texas State University (2014)

Ally Training, Office of Student Diversity and Inclusion at Texas State University (2014)

Online Teaching Methodology Short Course, Instructional Assessment at University of Arizona (2011)

New Scholar Workshop, International Association for Relationship Research (2011)

PROFESSIONAL ASSOCIATIONS

National Communication Association (NCA)

International Association for Relationship Research (IARR)

International Communication Association (ICA)